

 $\mathsf{S}^\mathsf{TH}$  INTERNATIONAL SCIENTIFIC CONFERENCE **NOVI SAD, SERBIA** 



UNIVERSITY OF NOVI SAD FACULTY OF SPORT AND PHYSICAL EDUCATION

# WELCOME

Dear Friends and Colleagues,

It is our pleasure to welcome you to the 6th International Scientific Conference: Exercise and Quality of Life 2024: Global Impact of Sport Science. The Conference will take place in the beautiful city of Novi Sad, Serbia, from April 11-13, 2024.

Novi Sad, the European Capital of Culture 2021 and European Youth Capital 2019, is the city of culture, science, innovation, sports, and youth. The Faculty of Sport and Physical Education warmly welcomes researchers from different scientific fields in order to enhance better understanding of the relationship between physical activity and quality of life. EQOL 2024 encompasses a rich scientific program of oral and poster presentations and invited lectures, with leading international experts presenting cutting-edge knowledge in their area of expertise.

11-13

### EQOL2024 Speakers

Antonino Bianco University of Palermo, Italy

Kostas Alexandris Aristotle University of Thessaloniki, Greece

Ivana Milovanović

Novi Sad, Serbia Gregor Starc

Faculty of Sport, University of Ljubljana, Slovenia

Faculty of Sport and Physical Education, University of

Stevo Popović

Faculty for Sport and Physical Education, University of

Attilio N. Carraro

Faculty of Education, Free University of Bozen-Bolzano, Italy

Ács Pongrác

Szentágothai Research Centre, University of Pécs, Hungary

Nachiappan Chokalingam School of Health, Science and Wellbeing, Staffordshire University, UK

Fatma Neşe Şahin

Ankara University Ankara, Türkiye

Aleksandra Milovančev

Faculty of Medicine, University of Novi Sad, Serbia

Olga Polyakova

College of Health, Wellbeing and Life Sciences, Sheffield Hallam University, UK

Aleksander Veraksa

Faculty of Psychology, Lomonosov Moscow State University, Russia

Saša Pišot

Institute for Kinesiology Research, Koper, Slovenia Andrea Uccello

Summer Games Coordinator at FISU - International University Sports Federation, Naples, Italy

PERFORMANCE SUSTAINABILITY BIOMECHANICS

### Aim and Topics

### Global Impact of Sport Science

Exercise and Quality of Life 2024: Global Impact of Sport Science aims to provide the latest scientific and professional insights, present recent findings and share experiences in exercise and health sciences, with a special emphasis given to the importance of lifelong exercise and the quality of life, highlighting biological, medical and psychosocial factors of quality of life.

The Conference covers wide range of topics: Sustainability, Management, Medicine, Rehabilitation, Health, Psychology, Biomechanics, Physical education, Motor control, Performance, Exercise and Tourism.



All accepted abstracts for the EQOL2024 Conference will be published in BMC Proceedings.

DAY 1 April 11th 2024, Thursday

Arrival of the participants and accommodation 17:00 - 19:00 Registration

18:00 - 19:30 Plenary lectures 20:00 - 21:00 Welcome cocktail DAY 2

April 12th 2024, Friday

08:00 - 17:30 Registration 09:00 - 09:45 Opening ceremony

10:00 - 11:30 Plenary lectures

11:30 - 12:00 Lunch break 12:00 - 15:00 Session work

15:00 - 15:30 Coffee break

15:30 - 17:30 Poster presentations 20:00 - 23:00 Gala Dinner

DAY 3

April 13th 2024, Saturday

08:00 - 14:00 Registration

09:00 - 10:30 Plenary lectures 10:30 - 11:00 Coffee break

11:00 - 14:00 Session work

14:00 - 14:15 Coffee break 14:15 - 16:15 Poster presentations

16:30 - 18:30 City tour 20:00 - 23:00 Farewel party

## CONFERENCE PROGRAM





FACULTY OF KINESIOLOGY,

JOSIP JURAJ STROSSMAYER UNIVERSITY OF OSIJEK, CROATIA



FACULTY OF KINESIOLOGY, UNIVERSITY OF ZAGREB, CROATIA



SCIENCE AND RESEARCH CENTRE KOPER, SLOVENIA

### ORGANIZED BY





### Organizing Committee Chair

Prof. Patrik Drid, PhD, Serbia Vice-chair

Prof. Nebojša Maksimović, PhD, Serbia Assoc. Prof. Radenko Matić, PhD, Serbia Assoc. Prof. Damjan Jakšić, PhD, Serbia Assoc. Prof. Tatjana Trivić, PhD, Serbia

Bojana Harrison, Serbia

### Scientific Committee

Co-Chair

Prof. Sergej Ostojić, MD, PhD, Serbia Vice-Chair Prof. Borislav Obradović, PhD, Serbia